

Are you "stressed out"? Here is rest

"For as many as are of the works of the law are under the curse; for it is written, 'Cursed is everyone who does not continue in all things which are written in the book of the law, to do them'" (Galatians 3:10).

As "Christ has redeemed us from the curse of the law" (Gal. 3:13), then He has also redeemed us from the works of the law, which, being our own works, are only sin. By the grace of God He has bestowed upon us the works of God, which being the works of faith, the gift of God, is only righteousness. As it is written: "This is the work of God, that you believe in Him whom He sent" (John 6:29). This is rest indeed--heavenly rest--the rest of God. And "he who has entered His rest has himself also ceased from his works as God did from His" (Heb. 4:10).

"For as many as are of the works of the law are under the curse; for it is written, 'Cursed is everyone who does not continue in all things which are written in the book of the law, to do them.' But that no one is justified by the law in the sight of God is evident, for 'The just shall live by faith.' Yet the law is not of faith, but 'The man who does them shall live by them.'" (Gal. 3:10-12).

All this in order "that we might receive the promise of the Spirit through faith" (Gal. 3:14). And "there is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

"For what the law could not do in that it was weak through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but

according to the Spirit" (Rom. 8:1-4)." [1]

Note:

1. Lessons on Faith, p. 126.