

24/7 UNITED PRAYER

*A chain of earnest, praying
believers should encircle the world.*

IN HEAVENLY PLACES, 93

How to Memorize and Meditate on God's Word Effectively

When learning a new verse, take the time to follow these steps—it will be well worth the effort. This method will help you memorize it thoroughly and recall it with ease.

Let's say that you want to memorize John 15:7 which states:

If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you.

Step 1: Repeat the reference and the phrase together out loud 7 times. For example: John 15:7 – If you abide in Me. John 15:7 – If you abide in Me. ...

As you repeat it aloud, meditate on the words. Ask the Lord to reveal their meaning and speak to you through them. Claim Psalm 119:18 and Jeremiah 33:3.

Step 2: Repeat step 1 but add one more phrase. For example: John 15:7 – If you abide in Me, and My Words abide in you. (7x)

Repeat steps 1 and 2 until you have completed the entire verse.

Final step: When you add the last phrase, be sure to include the reference at the end. For example: John 15:7 – If you abide in Me, and My Words abide in you, you will ask what you desire, and it shall be done for you. – John 15:7

It's been said, "When memorizing Scripture, go an inch wide and a mile deep." Memorizing God's Word enables us to "meditate on it day and night," as instructed in Joshua 1:8, even without a Bible in hand, allowing us to go deeper in our understanding and connection with His Word.

*We should carefully study the Bible, asking God for the aid of the Holy Spirit, that we may understand His word. We should take one verse, and concentrate the mind on the task of ascertaining the thought which God has put in that verse for us. We should dwell upon the thought until it becomes our own, and we know "what saith the Lord."
- *The Desire of Ages*, p. 390*

*Merely to hear or to read the word is not enough. He who desires to be profited by the Scriptures must meditate upon the truth that has been presented to him. By earnest attention and prayerful thought he must learn the meaning of the words of truth, and drink deep of the spirit of the holy oracles. - *Christ's Object Lessons*, p. 59*

Applying these principles of meditation looks like this:

IF you abide in Me.

If **YOU** abide in Me.

If you **ABIDE** in Me.

If you abide **IN** Me.

If you abide in **ME**.